

LAKE BUNYONYI, UGANDA, 3 ACRES LAKEFRONT

BUNYONI FOOD FOREST FOUNDATION (BFFF) Vision and Overview

The Foundation is designed as a forest ecosystem - a most ancient, fertile, and health-enriching system of food sovereignty

Lake Bunyonyi - "Place of many little birds"

Traditional Batwa Territory

BFFF acknowledges <u>Batwa Indigenous Peoples</u>
- the original inhabitants of
Lake Bunyonyi region.

We commit to actions and relationships that promote Indigenous knowledge, cultural revitalization, and resurgent connections to land, air, and water.

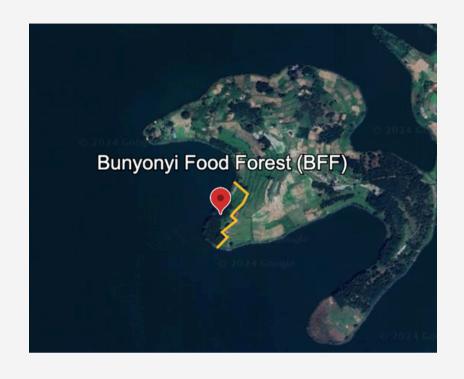






Kashekye Village

BFFF resides within Kashekye village.
Community members are directly involved in visioning, decision-making, and implementation





ABOUT BFFF

BFFF was established in 2024, after the purchase of three acres of lakefront land on Lake Bunyonyi (in 2019).

In 2022, the lake and its 29 islands were designated as an international Ramsar site, a wetland of international significance. It is the second deepest lake in Africa and home to some of Uganda's last surviving Indigenous Batwa and Wetland communities (including bird and wildlife species noted on IUCN's globally threatened Red List).

Bunyoni Food Forest Foundation

Relationships, research, fieldwork, and design plans have been established with the leadership of Kashekye community, and integrated support from Batwa plant knowledge keepers (Kyevu), local government(s), local organizations, global relations, and a skilled team of BFFF members.





GLOBAL IMPACTS

Our impacts on one another across villages, regions, and continents are undeniable. Global impacts are most starkly felt within farming villages worldwide, including in the Kashekye and Kyevu (Batwa) villages of Lake Bunyonyi, Uganda. Worldwide actions influence local weather patterns, growing seasons, and food security for countless families and individuals within this region. The imposition of modern agriculture, favouring unsustainable over sustainable practices to satisfy global markets, contributes greatly to this fragile and disproportionate complexity.



VISION

Lake Bunyonyi communities (human & non-human) share an abundance of health-enriching food.

All genders, ages, and abilities feel valued and contribute to mutually benefiting leadership.

Indigenous knowledge and wisdom are revitalized in food systems, plant medicine, educational opportunities, and nature relations.

Food sovereignty and innovation bring self-sustaining health and prosperity to the BFFF region.



MISSION

To create, preserve, and sustain a (Kashekye) community-led Food Forest. Decision-making and innovation is led by Elders, women, youth, and men of Kashekye and Kyevu (Batwa) communities, and informed by permaculture and traditional indigenous wisdom.

BFFF is rooted in nature regeneration, ecosystems, and land/water relations, ensuring food security for current and future generations.



A Food Forest model addresses an urgent food and health crisis in Uganda through a relational and ecological approach to wellness and prosperity, and the respectful sharing of over 80,000 years of accumulated Indigenous food forest knowledge.

4C APPROACH

Community, Coordination, Collaboration, + Conservation

- Community-led initiatives include ownership & accountability
- **Coordinated** support & communication with BFFF Team, local government (3 levels), local organizations, and Kashekye and Batwa communities.
- **Collaborative** decision-making and innovation with leadership from women, youth, and Indigenous Elders.
- Regenerative ecological principles and Conservation of land, wildlife, water, and natural ecosystems at the core.





Diverse community groups working to create a new agriculture and food security system beyond what is currently in place.

Elevating sustainable food forest systems, informed through dialogue and mutually beneficial relations between Kashekye and Indigenous food forest knowledge keepers.



Women's leadership, decision-making and entrepreneurship; Youth empowerment and skills-based, vocational training.

Providing daily food sources and sustainable income (short, medium, and long term).

Families have something nutritious to grow, harvest, enjoy, and sell everyday, 12 months a year, and long-term.











CORE PRINCIPLES

Relational Richness

- **R** Reciprocal Relations
- I Inclusive Innovation
- C Cultural Revitalization
- **H** Holistic Health

COMMITMENT TO...

- The intrinsic dignity of every person, their values and rights regardless of gender, ethnicity, religion, or politics.
- The status, voice and visibility of women and young people in sustainable agriculture, conservation, and agribusiness.
- The inherent power of women and young people to create, nurture and transform.
- Gender equality and equity that includes the sharing of decisionmaking, advocacy, and power of all genders.

- Cultural revitalization, education, and respectful relations with Kyevu community (Indigenous Batwa).
- Respecting, acknowledging, and including Indigenous wisdom when planning, implementing, and disseminating.
- Rejuvenation of Nature Relations and the inter-dependent health needs of land, water, air, wildlife, and people.
- Elevating Indigenous food forest systems, informed through dialogue and mutually benefiting relations between Kashekye and Indigenous food forest knowledge keepers.





COMMUNITIES LEADING BFFF

BFFF recognizes that community health is inextricably connected to ecosystem health. We promote biodiversity, environmental regeneration, and mutually beneficial relationships with Nature, Kashekye village, and neighbouring Batwa community.



KASHEKYE

BFFF resides within Kashekye community(ies). Active involvement with group members (women, youth, men) is at the heart of this vision.



BATWA (KYEVU)

Kyevu village is located in Kashekye's neighbouring village. Respecting and involving Indigenous wisdom when planning, implementing, and disseminating is key to our work.



BFFF TEAM

Six active directors - with diverse, distinct roles - work together to facilitate BFFF's goals and strategies.



LAND + WATER

Environmental Rejuvenation, Nature Relations, and the interdependent health needs of land, water, air, and people are at the core of all BFFF programs.

"We need more local champions, because these are the people who will become decision-makers for their communities and countries"

(Dr. Gladys Kalema-Kikusoke, Uganda's first wildlife veterinarian)

"Indeed we are a team - no sleep - until we achieve our goals"

BUNYONI FOOD FOREST FOUNDATION



Tyson Ndamwesiga:
Batwa Relations; Plant Medicine (Farmacy)
Lead

OUR TEAM

leadership and support is key.

An integrated network of relationships,



Judith Bakirya:
Permaculture; Indigenous Food
Forest Lead



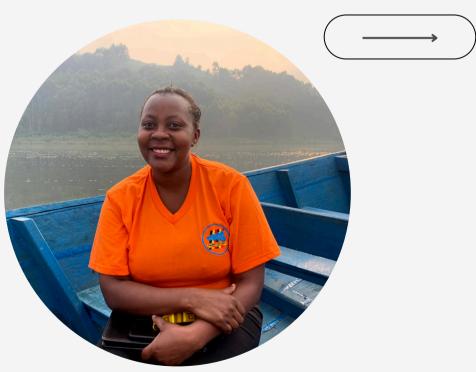
Bridget Musiimenta:Community Development Officer;
Marketing + Monitoring



Nadine Cruickshanks + Joe Karmel: Global Relations + Communication



Hillary Mwakire: Transport, Materials, & Infrastructure



Sharon Niwenshuti: Kashekye Relations, Women & Youth group Coordinator

REGIONAL SUPPORT

Committed to working with local government(s) and organizations to ensure that plans and programs align with the goals of this region, and to gain guidance and support where applicable.



Three levels of government LCI: Local Kashekye Chairman LC3: Hamuhamba Town Council LC5: Kabale District Mayor



Bunyonyi & Uganda Organizations (Entusi, Seeds of Hope, CTPH, Nyaka...)



Reel Impact Filmmakers (King & Tash) are creating a documentary and photographs to capture BFFF's unfolding Story of incredible land and people

GLOBAL RELATIONS



Increasing awareness of our interrelated and entangled world reminds us of our shared humanity, challenges, and solutions.

With BFFF directors from both Uganda and Canada, we work together to reciprocate ideas and strategies for moving forward.



Kabale + Vancouver Island
University MOU
Visiting Research scholars,
Community Engagement,
Reciprocity





Indigenous Knowledge Sharing Batwa & Coast Salish Chevuwa, Quw'utsun, & Snuneymuxw



Funding, Support, and Collaboration

BFFF PROGRAMS

Landing Dock and EcoSan Latrine complete and ready to begin progamming....



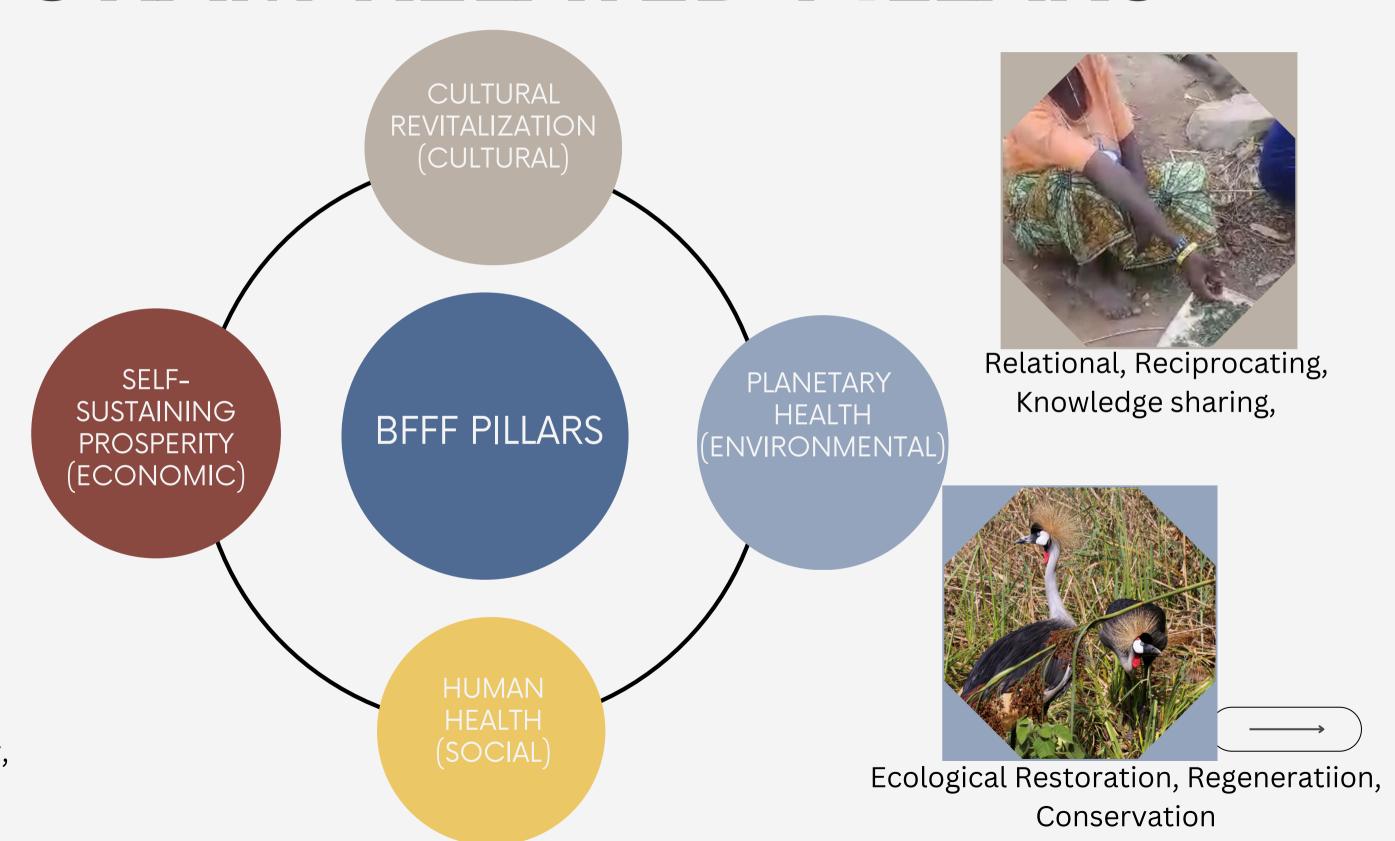
PROGRAM RELATED PILLARS



Circular Economy



Nutrition, Food Soveriegnty, Equality, Equity



3 Pathways Strategic Plan

Synchronised, Integrated, Phased Approach
3 Year Timeline (with Strategies, Plans, Indicators & Budget) - Funding Dependent



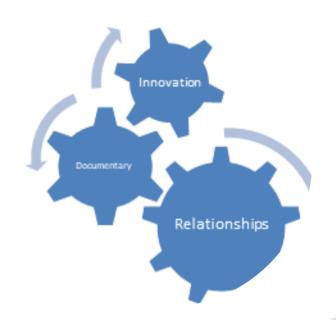
JANUARY 2025 TO DECEMBER 2027

Detailed Strategic Plan available in separate document

Proposed

5 Year Plan

Funding Dependent



2025-2028 3 Pathways 2028-2030 Support & Sustainability

> People Care, Earth Care, Fair Share



II: Innovate Solutions for Health & Equality: Kashekye Community Hub

III: Reciprocity & Cultural Revitalization: Batwa (Kyevu) Led Education

Synchronized, Integrated, Phased Approach

Refer to separate BFFF Strategic Plan for 3 Year Plan details



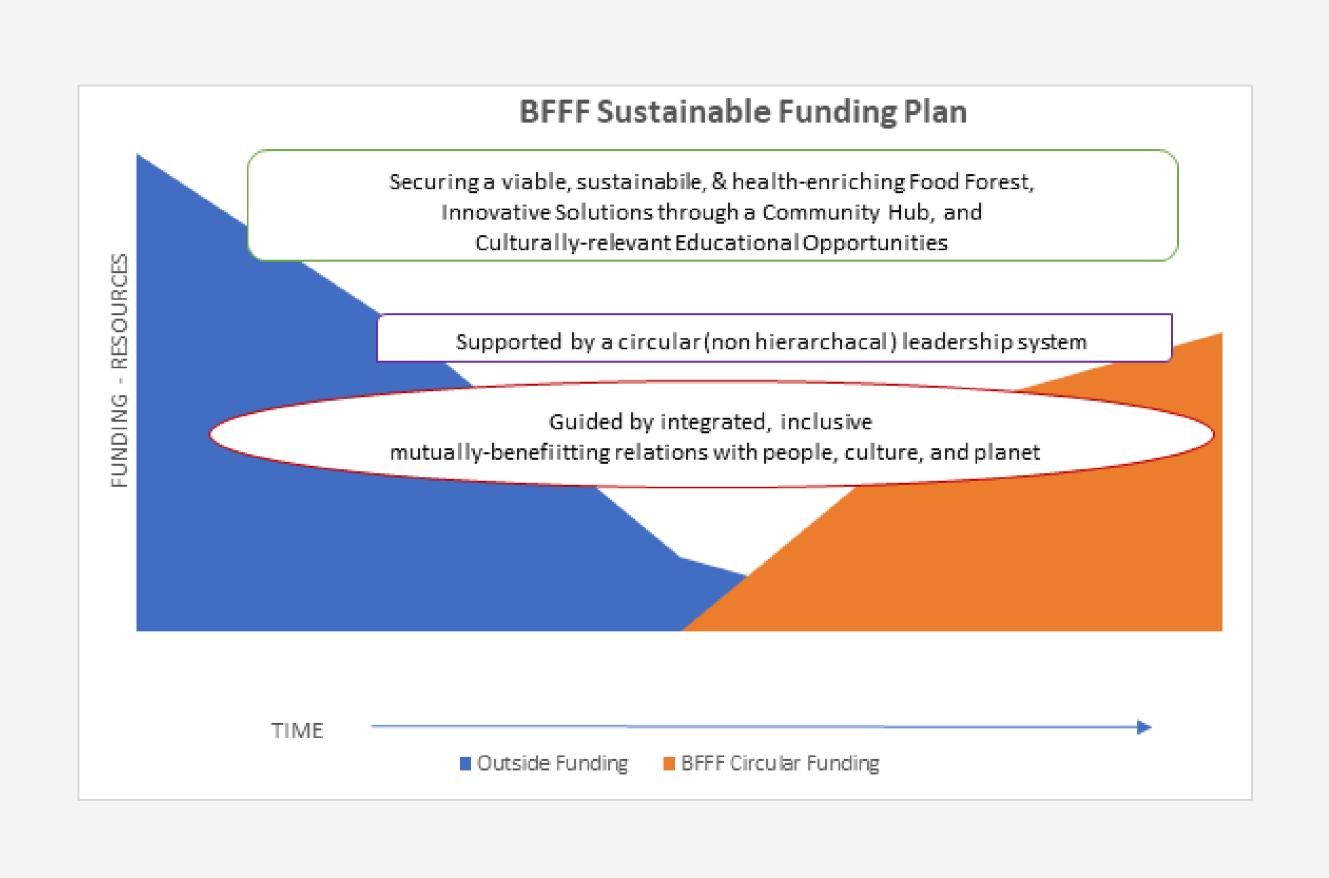
2030+ Self-sustaining, Regenerative model

Health-enriching and income-generating
Food Forest model is sustainable and replicated
in Kashekye, Kyevu, and broader
Lake Bunyonyi communities

Land & Ecosystem regeneration offers added health and climate-related benefits

Innovative solutions - with gender equal & multigenerational opportunities - provide increased health, safety, equity, and prosperity

Cultural relations and educational opportunities between (and within) Kashekye & Kyevu communities contribute to far-reaching acts of reciprocity and reconciliation



GRATITUDE + ACKNOWLEDGEMENT

We value and are inspired by the lives, stories, and relations of BFFF (human & non-human).

We are guided by decision-making from Kashekye community (wherein BFFF land resides).

We respect and acknowledge Batwa Peoples (original Lake Bunyonyi inhabitants) as well as Indigenous Plant Knowledge Keepers worldwide.

We are indebted to the interdependent ecology of Lake Bunyonyi (upon which Bunyonyi communities depend).

We prioritize the care and stewardship of the Earth and all its inhabitants, and commit to actions that revitalize interrelationships with life on land and in water.

We are grateful to all regional, national, and international support and resources.



CONTACT US

Email Address

nadine.cruickshanks@viu.ca bridgetbb343@gmail.com

Website

www.bunyonyifoodforestfoundation.org (requires VPN when in Uganda)

Phone Number WhatsApp

+250 732 8444 (Nadine/Canada) +256 779 921 636 (Bridget/Uganda)

